



CALIFORNIA SURGEON GENERAL Dr. Diana Ramos



PRIORITIES



Reproductive
Health

Reproductive Health

As an Obstetrician Gynecologist, Dr. Ramos has been caring for people's reproductive health for decades. As California's Surgeon General, she is lifting up the Governor's efforts to safeguard reproductive health care access in California. Dr. Ramos will help ensure Californians can protect their reproductive health across their lifespan. Promotion of reproductive health will include education and resources on contraception, abortion and reproductive rights. In collaboration with state partners, efforts to reduce maternal deaths and improve health during pregnancy will be a priority.



Mental
Health

Mental Health

The pandemic has led to the greatest mental health crisis of our lifetime. Our office will promote mental health and well-being strategies and supports for all Californians. Our focus is on ages 18-25. Our work on the Children and Youth Behavioral Health Initiative, a \$4.7 billion investment, will redefine mental health care for our next generation. Working with our partners in education, we are creating a training for childcare providers and K-12 educators. Our training will help educators recognize and provide resources when children are struggling and need help.



ACEs & Toxic
Stress

ACEs and Toxic Stress

We will continue to educate on Adverse Childhood Experiences (ACEs) and toxic stress. Addressing ACEs in childhood provides the opportunity to improve lifelong health by reducing depression, heart disease, stroke, smoking, heavy drinking and other health challenges.

The next phase of our ACEs work will focus on a statewide multilingual public awareness campaign to understand ACEs, toxic stress and their health impacts. Strategies to reduce stress and improve overall well-being will be promoted.

ABOUT THE OFFICE OF THE CALIFORNIA SURGEON GENERAL

The role of the California Surgeon General was created in 2019 by Governor Gavin Newsom. The Surgeon General advises the Governor, serves as a leading spokesperson on matters of public health, and drives solutions to our most pressing public health challenges.

LET'S BE SOCIAL

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HOW TO CONNECT

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DR. DIANA RAMOS BIO

